



RDA Machars

www.machars-rda.co.uk

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Fundraising Success—Runner vs Rider—Great fun all round

Runners and Riders joined forces on Sunday 4th September to run/ride a scenic 2.5k course at Barstobrick Equestrian Centre, Ringford. In addition there was a 2.5k Endurance course for family teams which included 'best turned out' rider.

Some of our RDA riders competed in a 2.5km Endurance race as endurance riding is one of the activities within the RDA that riders can be awarded a Certificate for. Endurance, entails riding outside of an arena were possible, whilst offering our riders a new and different challenge and the opportunity to compete at different levels. Certificates will be awarded to our riders at the end of term and they will have the opportunity to try and beat their times next year when we run the event again. Our RDA riders also enjoyed a 1k Indoor course where they had to compete against runners who had to complete an obstacle course.



All winners received trophies, and all runners and riders finishing the course were presented with a lovely wooden medal, kindly manufactured and donated by one of our sponsors, Paul Cherry of Futuremesh CNC Engineering.

This was a great fun day where the public could watch the participants and browse around a number of stalls including bric a brac, horse tack, books and cakes.



The 2.5k Family Endurance was won by rider Kristina Campbell whilst Oliver Campbell was the first runner across the line with Jessica Hunter-Brown winning the best turned out. The 2.5k RDA Outdoor Endurance was won by Taryn Cotton and Christian Tillyer who crossed the line together. Louise McCormick was the 1st runner to cross the line. The RDA Indoor 1k was won by Holly Naylor and Sam Howard-Pope was the fastest runner.



The RDA depends upon donations and sponsorship and the money raised, £1,171 which will go towards providing equipment and continued support for disabled riders across the area. Well done to all our riders who took part and raised money for the event.

RDA Machars would like to thank all the sponsors of the event:- Wigtownshire Driving Club who hosted the event, James Noble - Horse Dentist, Stickety Lickety Tearoom, Yvonne Kelly - Heaven Scent Dog Sitter, Grahame Finlater - Farrier, Janette - British Driving Society D&G, Justine Hunter-Brown Equestrian - BHS Intermediate Instructor.

Also thanks go to all our instructors, committee members and volunteers for all their hard work as well as the commentator - Lady Jane Forbes for her wonderful commentary on the day. Further thanks go to Supersave, Kirkcudbright who donated gifts for the raffle and Tesco's who donated the bottled water.

Thank you to Sam Kelly who took many photos and videos of the event. The photos and videos can be viewed on our facebook page or by using the following links:-

Photos :- <https://m.facebook.com/sam.kelly.9484/albums/10208457383411167/>

Video:- <https://www.youtube.com/watch?v=u7ZugmUn6BY>

RDA Machars meet every Wednesday morning during school term time (10am Start) at Barstobrick Equestrian Centre, Ringford, Castle Douglas.

For further information on how to volunteer or get involved please contact Rosemarie Paul on 01557 814194 or visit our web site www.machars-rda.co.uk

Tack, Harnesses and more for sale!!

Our group regularly receives donations of tack, rugs and many other equestrian items which we now have for sale. All monies received will go to our group.

Please contact Jean Clarkson on 01557 814672 to see if we have anything you may need.

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Fundraising and Sponsorship

As you will have read from our front page we raised £1171 from our Big Fundraising Day - Runner vs Rider an excellent effort by all involved.

Thank you to The Gem Rock Museum. They contacted us as their collection box was full and it totalled £38.

If you have seen our collection boxes about, please let our Treasurer, Sue Cooper, know so that we can keep a check on them. Thank you.

Total Giving

Anyone wishing to donate money directly to our group by card, can now do so through the 'Total Giving' website. The site is very easy to use and the direct link for our page is:- <https://www.totalgiving.co.uk/donate/machars-group-riding-for-the-disabled-association> or go to the web site www.totalgiving.co.uk, click donate now and search for Machars RDA.

OUR SPONSORS

Stevenson McConnel Ltd

Solid oak kitchen and furniture manufacturers. tel 01387 740112 info@stevensonmccannel.co.uk

www.stevensonmccannel.co.uk

Futuremesh CNC Engineering

tel 07734413005 paul@futuremesh.co.uk

www.futuremesh.co.uk

Irving's Bakery tel 01556 504162

info@irvingsbakery.co.uk

www.irvingsbakery.co.uk

RDA TRACKER

The 'Tracker' has been introduced for the junior riders!

The RDA Tracker is a holistic tool to track and provide evidence of the changes and outcomes that are achieved through riding. The Tracker shows at a glance where and how much change has taken place during a period of riding, helping to identify future targets and goals and enabling me to tailor lessons and activities accordingly.

Each leader must complete a 6 part assessment on the rider, which covers topics from horsemanship to enjoyment and each part is scored between 1-5. I then review and discuss the scores with the leaders to confirm the assessment. This proved more difficult than first thought, as although there are guidelines provided it can be difficult to categorise a rider's ability. When finished the results were uploaded onto the RDA Tracker programme by our volunteer Demi. To maintain confidentiality riders' names are not recorded on the database and each rider is cross referenced using their unique ID code.

We will be repeating the assessment later in the year to monitor any change. This will provide us with an insight of what each individual has achieved during their sessions. The results are printed out in a rosette style format and shared with family, carers and schools.

Wendy Milliken.

Please note that on Junior Sessions riders' lessons start at 10.15am. Please can volunteers on Junior days arrive early enough to have ponies warmed up and ready to mount for 10.15am. Many thanks. WM

